

TRACEN Petaluma Haley Hall Dining Facility						
10NOV25 - 16NOV25						
6	BREAKFAST	Calories	LUNCH	Calories	DINNER	Calories
M O N D A Y	FRESH FRUIT	VARIES	CHICKEN AND RICE SOUP	220	HONEY GLAZED HAM	350
	CREAM OF WHEAT	110	SEARED SALMON	220	ROASTED TURKEY	214
	ASST. TOPPINGS	VARIES	PAPRIKASH CHICKEN	300	MASHED POTATOES W/ GRAVY	325
	EGGS & OMELETS TO ORDER	VARIES	RICE PILAF	200	SAVORY STUFFING	150
	BOILED EGGS	78	ROASTED RED POTATOES	120	ROASTED VEGETABLE MEDLEY	77
T U E S D A Y	CHICKEN APPLE / PORK SAUSAGE LINKS	180	GRILLED EGGPLANT	120	GREEN BEAN CASSEROLE	120
	HASH BROWNS	151	SAUTEED BRUSSEL SPROUTS	30	BUTTERMILK BISCUITS	190
	CHOCOLATE CHIP PANCAKES	210	HOT ROLLS	80		
		320	PLATED ALTERNATIVE			
			GRILLED CHICKEN W/ QUINOA SALAD (VEGETARIAN ALT.)	295		
W E D N E S D A Y	FRESH FRUIT	VARIES	VETERANS DAY	110	SPAGHETTI & MEATBALLS	500
	OATMEAL	158	CHIPOTLE CHICKEN	275	GRILLED CHICKEN BREAST	135
	ASST. TOPPINGS	VARIES	PORK CARNITAS W/ TORTILLAS	300	ROASTED FINGERLING POTATOES	120
	EGGS & OMELETS TO ORDER	VARIES	FRIJOLES DE OLLA	180	STEAMED BROCCOLINI	165
	BOILED EGGS	78	CILANTRO LIME RICE	211	ITALIAN BLEND VEGETABLES	VARIES
T H U R S D A Y	BACON / SAUSAGE PATTIES	92/180	ELOTE ASADO (CORN)	302	GARLIC BREAD	92
	SHREDDED HASH BROWNS	180	COTIJA ROASTED MEXICAN VEGETABLES	110		
	FRENCH TOAST W/ BUTTER & SYRUP	210	TOPPINGS BAR	VARIES		
	BISCUITS & SAUSAGE GRAVY	386				
F R I D A Y	FRESH FRUIT	VARIES	COCONUT LENTIL SOUP	300	SPICY SHRIMP ETOUFFEE	395
	HOT GRITS	142	JAMAICAN BEEF STEW	450	BLACKENED CHICKEN W/ CREOLE SAUCE	280
	ASST. TOPPINGS	VARIES	JERK CHICKEN	335	STEAMED WHITE RICE	241
	EGGS & OMELETS TO ORDER	VARIES	STEAMED JASMINE RICE	165	CARROT ALMONDINE	41
	BOILED EGGS	78	RASTA PASTA	298	ROASTED ASPARAGUS	121
S A T U R D A Y	TURKEY / MAPLE PORK SAUSAGE LINKS	180	CARIBBEAN BLEND VEGETABLES	50	CORNBREAD	210
	HASH BROWNS	110	TANGY KALE	35	BUTTERMILK BISCUITS	190
	BLUEBERRY PANCAKES	210	NAAN BREAD	80		
	SPINACH QUICHE	355	PLATED ALTERNATIVE			
			SEARED SALMON W/ ROASTED ROMANESCO	455		
S U N D A Y	FRESH FRUIT	VARIES	CREAMY PESTO CHICKEN AND GNOCCHI SOUP	310	KOREAN FRIED CHICKEN	350
	CREAM OF WHEAT	110	GRILLED CHICKEN W/ LEMON & GARLIC BUTTER	380	GRILLED CHICKEN DRUMSTICKS	225
	ASST. TOPPINGS	VARIES	SHRIMP SCAMPI	275	LO MEIN NOODLES	214
	EGGS & OMELETS TO ORDER	VARIES	HERBED PASTA	367	CALROSE RICE	110
	BOILED EGGS	78	WILD MUSHROOM RISOTTO	289	STEAMED EDAMAME	150
W E E K 6	BACON / HOT SAUSAGE LINKS	92/180	ROASTED CAULIFLOWER	110	SWEET CHILI BOK CHOY	77
	GOLDEN HASH BROWN PATTIES	180	ITALIAN BLEND VEGETABLES	85		
	BUTTERMILK PANCAKES	210	GARLIC BREAD	78		
	BREAKFAST SANDWICHES	340	PLATED ALTERNATIVE			
			BIMBAP	385		
W E E K 6	FRESH FRUIT	VARIES	SHRIMP BISQUE	410	BEEF STEW	310
	OATMEAL	158	CATCH OF THE DAY	VARIES	BUTTERED EGG NOODLES	180
	ASST. TOPPINGS	VARIES	GRILLED NY STRIP W/ AU JUS	704	ROASTED SWEET POTATOES	400
	EGGS & OMELETS TO ORDER	VARIES	RISOLE POTATOES	242	CREAMED SPINACH	186
	BOILED EGGS	78	HERBED SAFFRON RICE	230	BRAISED BRUSSEL SPROUTS	160
W E E K 6	CHICKEN APPLE / PORK SAUSAGE PATTIES	180	CANDIED GINGER ROOT VEGETABLES	35	HOT DINNER ROLLS	80
	HASH BROWNS	151	YELLOW SQUASH PROVENCAL	55		
	FRENCH TOAST W/ BUTTER & SYRUP	210	STEAMED CRAB LEGS	VARIES		
	BREAKFAST BURRITOS	320				
W E E K 6	FRESH FRUIT	VARIES	SLOPPY JOES	365	STICKY BBQ RIBS	326
	HOT GRITS	142	CAJUN FRIES	260	CHICKEN WINGS	260
	ASST. TOPPINGS	VARIES	BAKED BEANS	189	MACARONI & CHEESE	325
	EGGS & OMELETS TO ORDER	VARIES	STEAMED BROCCOLI	189	POTATO SALAD	190
	BOILED EGGS	78	STEAMED PEAS & CARROTS	84	CORN ON THE COB	160
W E E K 6	BACON / MAPLE PORK SAUSAGE LINKS	92/180			SOUTHERN GREEN BEANS	160
	HASH BROWNS	180			CORN BREAD	120
	BUTTERMILK PANCAKES	210				
	BISCUITS & SAUSAGE GRAVY	386				
W E E K 6	FRESH FRUIT	VARIES	EGGS & OMELETS TO ORDER	VARIES	MARINATED HANGER STEAK	320
	CREAM OF WHEAT	110	CORNEED BEEF HASH / SAUSAGE	320/180	WALDORF SWEET POTATOES	VARIES
	ASST. TOPPINGS	VARIES	WAFFLES W/ BUTTER & SYRUP	210	ORZO PILAF	215
	EGGS & OMELETS TO ORDER	VARIES	GRILLED ROAST BEEF & CHEESE	350	SAUTEED GREEN BEANS	98
	BOILED EGGS	78	TATER TOTS	165	STEAMED LIMA BEANS	45
W E E K 6	TURKEY / PORK SAUSAGE LINKS	180	BLACK BEAN QUINOA SALAD	132	HOT DINNER ROLLS	80
	GOLDEN HASH BROWNS PATTIES	151	MALIBU BLEND VEGETABLES	110		
	FRENCH TOAST W/ BUTTER & SYRUP	210				
The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods. Assorted beverages, desserts, and breakfast pastries are available during meal service.						
Submitted By:			Reviewed By:		Approved By:	
CSC E. S. Sanchez Dining Facility Supervisor			CSCS N. E. Mogan Food Service Officer		Captain J. D. Burch Commanding Officer	